



**Georgetown Township Public Library**  
**Book Discussion Guide**  
*The Buddha in the Attic*  
 Julie Otsuka (2011)

### About This Book

Julie Otsuka's long awaited follow-up to *When the Emperor Was Divine* is a tour de force of economy and precision, a novel that tells the story of a group of young women brought over from Japan to San Francisco as 'picture brides' nearly a century ago.

In eight incantatory sections, *The Buddha in the Attic* traces their extraordinary lives, from their arduous journey by boat, where they exchange photographs of their husbands, imagining uncertain futures in an unknown land; to their arrival in San Francisco and their tremulous first nights as new wives; to their backbreaking work picking fruit in the fields and scrubbing the floors of white women; to their struggles to master a new language and a new culture; to their experiences in childbirth, and then as mothers, raising children who will ultimately reject their heritage and their history; to the deracinating arrival of war.

In language that has the force and the fury of poetry, Julie Otsuka has written a singularly spellbinding novel about the American dream. (*From the publisher.*)

**From:** <http://www.litlovers.com>

### About the Author

- Birth—May 15, 1962
- Where—Palo Alto, California, USA
- Education—B.A., Yale University; M.F.A., Columbia University
- Awards—Guggenheim Fellowship; Asian| American Literary Award
- Currently—lives in New York, New York

Julie Otsuka was born and raised in California. After studying art as an undergraduate at Yale University she pursued a career as a painter for several years before turning to fiction writing at age 30. She received her MFA from Columbia.

Her first novel, *When the Emperor Was Divine* (2002), is about the internment of a Japanese-American family during World War II. It was a *New York Times* Notable Book, a *San Francisco Chronicle* Best Book of the Year, and a Barnes & Noble Discover Great New Writers finalist. The book is based on Otsuka's own family history: her grandfather was arrested by the FBI as a suspected spy for Japan the day after Pearl Harbor was bombed, and her mother, uncle and grandmother spent three years in an internment camp in Topaz, Utah. *When the Emperor Was Divine* has been translated into six languages and sold more than 250,000 copies. *The New York Times* called it "a resonant and beautifully nuanced achievement" and *USA Today* described it as "A gem of a book and one of the most vivid history lessons you'll ever learn."

Her second novel, *The Buddha in the Attic* (2011), is about a group of young Japanese 'picture brides' who sailed to America in the early 1900s to become the wives of men they had never met and knew only by their photographs. She lives in New York City, where she writes every afternoon in her neighborhood cafe.

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## Discussion Questions

1. *The Buddha in the Attic* is narrated in the first person plural, i.e., told from the point of view of a group of women rather than an individual. Discuss the impact of this narrative decision on your reading experience. Why do you think the author made the choice to tell the story from this perspective?
2. Why is the novel called *The Buddha in the Attic*? To what does the title refer?
3. The novel opens with the women on the boat traveling from Japan to San Francisco. What does Otsuka tell us is “the first thing [they] did,” and what does this suggest about the trajectories of their lives?
4. What are the women’s expectations about America? What are their fears? Why are they convinced that “it was better to marry a stranger in America than grow old with a farmer from the village”?
5. Discuss Otsuka’s use of italics in the novel. What are these shifts in typography meant to connote? How do they add to our knowledge of the women as individuals?
6. Otsuka tells us that the last words spoken by the women’s mothers still ring in their ears: “You will see: women are weak, but mothers are strong.” What does this mean, and how does the novel bear this out?
7. In the final sentence of “First Night,” Otsuka writes, “They took us swiftly, repeatedly, all throughout the night, and in the morning when we woke we were theirs.” Discuss the women’s first nights with their new husbands. Are there particular images you found especially powerful? How did you feel reading this short chapter?
8. Why was the first word of English the women were taught “water” ?
9. In the section entitled “Whites,” Otsuka describes several acts of kindness and compassion on the part of the women’s husbands. In what ways were the husbands useful to them or unexpectedly gentle with them in these early days? How does this reflect the complexity of their relationships?
10. What are the women’s lives like in these early months in America? How do their experiences and challenges differ from what they had been led to expect? How are they perceived by their husbands? By their employers? Discuss the disparity between the women’s understanding of their role in the American economy and what Otsuka suggests is the American perception of the Japanese women’s power.
11. Later in this section, the women ask themselves, “Is there any tribe more savage than the Americans?” What occasions this question? What does the author think? What do you think?
12. Discuss the passage on p. 37 that begins, “We forgot about Buddha. We forgot about God.... I fear my soul has died.... And often our husbands did not even notice we’d disappeared.” What does Otsuka mean by “disappeared”? What is she suggesting about their spiritual lives, their inner selves? Do the women reappear in this sense in the course of the novel? When?

*Discussion questions continued next page*

13. Throughout the novel, Otsuka uses the phrase “One of us....” Why? What is the effect of this shift in point of view? What does Otsuka achieve through this subtle adjustment?
14. Otsuka writes, “They gave us new names. They called us Helen and Lily. They called us Margaret. They called us Pearl.” Discuss how this mirrors the names taken by the women’s children later in the novel.
15. Discuss the complexities and nuances of the relationship between the Japanese women and the white women. Was it strictly an employer/employee relationship, or something more?
16. What is J-town? Why do the women choose J-town over any attempt to return home?
17. The section called “Babies” is just six pages long but strikes with unique force. What was your reaction to the experiences of the women in childbirth? Take a close look at the last six sentences of the chapter, with a particular emphasis on the very last sentence. On what note does Otsuka end the chapter, and why? What does that last sentence reveal about Otsuka’s ideas about the future and about the past?
18. “One by one all the old words we had taught them began to disappear from their heads,” Otsuka writes of the women’s children. Discuss the significance of names and naming in *The Buddha in the Attic*. What does it mean for these children to reject their mother’s language? What point is Otsuka making about cultural inheritance?
19. How do the the dreams of the children differ from the dreams of their mothers?
20. Why do the women feel closer to their husbands than ever before in the section entitled “Traitors”?
21. How is the structure of the penultimate section, called “Last Day,” different from the structure of all the sections that precede it? Why do you think Otsuka chose to set it apart?
22. Who narrates the novel’s final section, “A Disappearance”? Why? What is the impact of this dramatic shift?
23. Discuss themes of guilt, shame, and forgiveness in *The Buddha in the Attic*.  
(Questions issued by publisher.)

**From:** <http://www.litlovers.com>

**Resources for additional information about book discussion choices and authors:**

**Books & Authors** (Access through links to MeL Databases on Library's webpage.)  
<http://bna.galegroup.com/bna/>

**LitLovers.com**  
[www.litlovers.com](http://www.litlovers.com)

**Overbooked.com**  
<http://www.overbooked.com>

**Penguin.com (USA)**  
<http://www.us.penguin.com/static/pages/bookclubs/index.html>

**Reading Group Center**  
<http://reading-group-center.knopfdoubleday.com>

**Reading Group Guides**  
<http://www.readinggroupguides.com>

**Suggested print resources:**

*The Book Club Companion: A Comprehensive Guide to the Reading Group Experience*  
Diana Loevy  
**374.22 Loevy 2006**

*The Book Group Book: A Thoughtful Guide to Forming and Enjoying a Stimulating Book Discussion Group*  
Ellen Slezak (editor)  
**374.22 Book 2000**

*Good Books Lately: The One-Stop Resource for Book Groups and Other Greedy Readers*  
Ellen Moore and Kira Stevens  
**374.22 Moore 2004**

*Read It and Eat: A Month-by-Month Guide to Scintillating Book Club Selections and Mouthwatering Menus*  
Sarah Gardner  
**028.9 Gardner 2005**

*The Reading Group Handbook: Everything You Need to Know, From Choosing Members to Leading Discussions*  
Rachel W. Jacobsohn  
**374.22 Jacobsohn 1994**

*What Do I Read Next?* (Multi-volume set, annual editions)  
Gale Research Inc.

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